



Sri Arvind Mahila College, Patna

Accredited by NAAC with B⁺ Grade
(A Constituent Unit of Patliputra University, Patna)



SESSION ON MENTAL DISORDER MANAGEMENT

Date: 31.05.2024

No. of Students: 50


About the Programme:

A one-day departmental seminar on *Mental Disorder Management* was organized by the Department of Psychology under the guidance of Dr. Rajani Kumari Sinha on 31st May 2024. The seminar aimed to increase awareness and understanding of mental health challenges and effective management techniques. The session was graced by Dr. Pratibha Kumari, a renowned professor from B.N. College, Patna, who served as the keynote speaker. Dr. Kumari, with her extensive knowledge and experience in the field, delivered an insightful presentation on the various aspects of mental disorders, including common conditions, symptoms, diagnosis, and management strategies.

The event witnessed the participation of 50 attendees, comprising students, faculty members, and professionals from the field. This interactive segment encouraged a rich exchange of ideas and allowed students to explore various dimensions of mental health, including treatment modalities, therapy options, and societal perceptions of mental illness. The seminar provided an opportunity for participants to deepen their understanding of mental health issues and discuss best practices for managing mental disorders. The discussions helped break stigma and promoted the importance of mental well-being in society.

In conclusion, the seminar was highly successful in raising awareness about mental health and mental disorder management, offering both valuable knowledge and an engaging platform for dialogue among participants.



 **GPS Map Camera**

Patna, Bihar, India
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Lat 25.612467°
Long 85.16367°
31/05/24 02:21 PM GMT +05:30

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