



Sri Arvind Mahila College, Patna

Accredited by NAAC with B Grade
(A Constituent Unit of Patliputra University, Patna)



Report on Suicide prevention Awareness Session

Date of Event: 12th September 2025

Venue: Seminar Hall, Sri Arvind Mahila College

Organized by: Department of Psychology

No. of students: 114

An awareness session on suicide prevention was held by department of psychology on 12.09.2024 at 11.00 A.M in college seminar hall. The session

Objectives was aimed to

- To reduce stigmas rounding suicide and recognition of its warning sings.
- To encourage a supportive environment to promote mental health.

Event Highlights

Educational Presentation: A comprehensive presentation covered for suicide behavioural signs.

Interactive Session: ☐ The event included poetry, poster, speech and skit presentation and question- answer session, where students could ask questions.

Awareness Building: Emphasis was placed on removing social stigma with discussion son Emotion management and steps for preventing suicide.

recognize warning signs of suicidal behaviours, reduce stigma for suicide,

Conclusion spread awareness, create a supportive environment to promote

The awareness session was a success full initiative in recognising suicidal signs and preventing stigma around suicide. This session also held in spreading knowledge among students and promoting a compassionate approach towards emotional regulation. mental well-being.



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SUICIDE PREVENTION AWARENESS SESSION

Department of Psychology

NOTICE

All faculties and students are informed that the Department of Psychology is organizing a **Suicide Prevention Awareness Session** on **12th September 2025**. The session aims to recognize warning signs of suicidal behaviours, spread awareness, reduce stigma, create a supportive environment and promote mental well-being.

Date: Friday, 12th September 2025

Time: 11:00 A.M

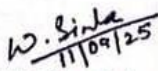
Venue: Seminar Hall

Open to: All students

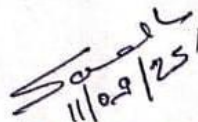
We encourage every student to attend and contribute to building a more informed, compassionate, and resilient community. Let's work together to support mental health and save lives.


Dr. Vibha Kriti

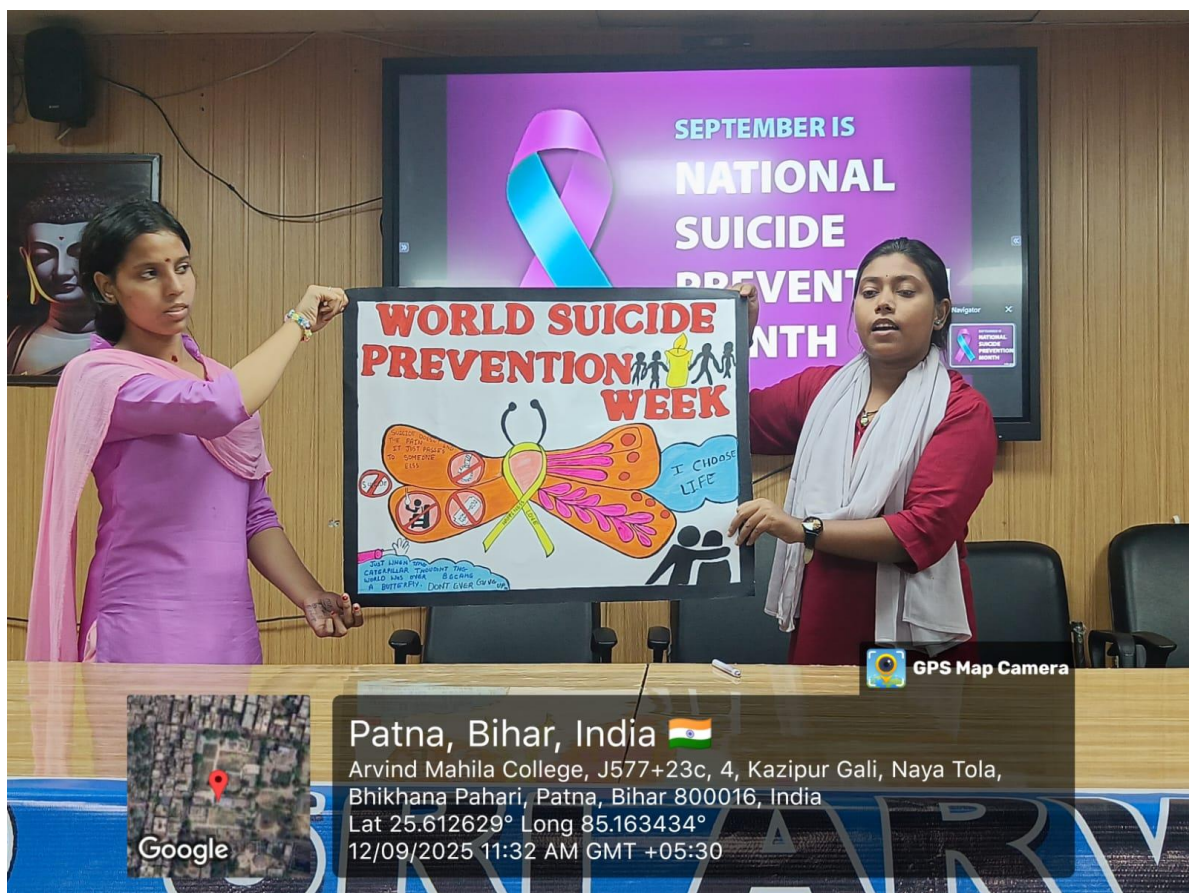
Organizing Secretary


Dr. Wellie Sinha

Coordinator


Prof. (Dr.) Sadhana Thakur

Patron & Principal





Name	Class	Signature
Sudha Kumari	U. In Sem (i)	Sudha Kumari
Afreen Shekhar	U. In Sem (i)	Afreen Shekhar
Nandani Kumari	U. In Sem (i)	Nandani Kumari
Sushma Kumari	U. In Sem (i)	Sushma Kumari
Sumit Kumar	U. In Sem (i)	Sumit Kumar
Komal Kumari	U. In Sem (i)	Komal Kumari
Nidhi Kumari	U. In Sem (i)	Nidhi Kumari
Shruti Talat	U. In Sem (i)	Shruti Talat
Sahiba Anshu	U. In Sem (i)	Sahiba Anshu
Nazima Nasim	U. In Sem (i)	Nazima Nasim
Kazima Kumari	U. In Sem (i)	Kazima Kumari
TEEFAT PERWEE	U. In Sem (i)	Teefat Perwee
NIRHA KUMARI	U. In Sem (i)	Nirha Kumari
Sangam Kumari	U. In Sem (i)	Sangam Kumari
Pink Kumari	U. In Sem (i)	Pink Kumari
MUSKUM KUMARI	U. In Sem (i)	Muskum Kumari
Rakha Kumari	U. In Sem (i)	Rakha Kumari
Kranthi Parva	U. In Sem (i)	Kranthi Parva
Saniya Kumari	U. In Sem (i)	Saniya Kumari
Trish Kumari	U. In Sem (i)	Trish Kumari
Rima Kumari	U. In Sem (i)	Rima Kumari
Anuradha Shikhar	P. In Sem III	Anuradha Shikhar
Annu Kumari	P. In Sem III	Annu Kumari
Shalu Roy	P. In Sem III	Shalu Roy
Prity Kumari	P. In Sem III	Prity Kumari
Neelha Kumari	P. In Sem III	Neelha Kumari
Shivani Kumari	P. In Sem III	Shivani Kumari
Anisha Ray	P. In Sem III	Anisha Ray
Prity Kumari	P. In Sem III	Prity Kumari
Kahkayla Adma	P. In Sem III	Kahkayla Adma
Rupmani Kumari	P. In Sem III	Rupmani Kumari
Anrita Kumari	P. In Sem III	Anrita Kumari
ANJALI KUMARI	P. In Sem III	Anjali Kumari
Pammi Kumari	P. In Sem III	Pammi Kumari

छात्रों के विवरण :

15

Name	Class
Sana Fatma	Psychology
Jyoti Kumari	U.G. Sem III
Prisha Kumari	U.G. Sem I
Sneha Kumari	U
Pinky Kumari	History
Varsha Kumari	U.G. Sem I
Vibha Kumari	U.G. Sem I
Rekha Kumari	PG Sem I
Pooja Kumari	PG Sem II
Jyoti Kumari	PG Sem III
Nisha Prasad	PG Sem III
Ayushi Kumari	U.G. Sem IV
Pushpa Kumari	U.G. Sem V
Meha Sinha	U.G. Sem V
Pooja Kumari	U.G. Sem V
Aditi Kumari	U.G. Sem V
Kaak Kumari	U.G. Sem I
Poonam Kumari	PG Pol. Sci
Gauri Kumari	PG Sem I
Ravina Kumari	History
Sneha Kumari	U.G. Sem I
Pooja Kumari	U.G. Sem I
Pooja Kumari	U.G. Sem I
Rekha Kumari	U.G. Sem I
Shreyas Singh	U.G. Sem I
Tanvi Kumari	U.G. Sem V
Zeena Kumari	PG Sem III
Priyanka Kumari	PG Sem III
Shruti Kumari	PG Sem III
Dolly Kumari	U.G. Sem IV
Saloni Kumari	U.G. Sem (I)
Poonam Kumari	U.G. Sem (I)
Anvadhya Kumari	U.G. Sem (I)

Signature
Sana Fatma
Jyoti Kumari
Prisha Kumari
Sneha Kri
Pinky Kumari
Varsha Kumari
Vibha Kri
Rekha Kri
Pooja Kumari
Jyoti Kumari
Nisha Prasad
Ayushi Kumari
Pushpa Kumari
Meha Sinha
Pooja Kumari
Aditi Kumari
Kaak Kumari
Poonam Kumari
Gauri Kumari
Ravina
Sneha
Kashani
Shruti Kumari
Rekha Kumari
Shreyas Singh
Tanvi Kumari
Zeena Kumari
Priyanka Kumari
Shruti Kumari
Dolly Kumari
Saloni Kumari
Poonam Kumari
Anvadhya Kumari

Kajal Kumari	P.G Sem I	827	Kajal Kumari
Shilpa Kumari	P.G Sem III	823	Shilpa Kumari
Shivani Kumari	P.G Sem III	780	Shivani Kumari
Sandhya Kumari	P.G Sem III	74	Sandhya Kumari
Ananya Pethat	P.G Sem III	31	Ananya Pethat
Angush Pethat	U.G Sem I	91	Angush Pethat
Radha Kumari	U.G Sem I	499	Radha Kumari
Rashmi Kumari	U.G Sem III	967	Rashmi Kumari
Kajal Kumari	U.G Sem III	171	Kajal Kumari
Manguprabha	P.G Sem III	50370	Manguprabha
Rohini Kumari	P.G Sem III	38859	Rohini Kumari
Nutan Kumari	P.G Sem III	80347	Nutan Kumari
Priti Kumari	P.G Sem III	11992	Priti Kumari
Angali Kumari	P.G Sem III	97926	Angali Kumari
Manisha Kari	P.G Sem I	466	Manisha Kari
Manisha Kari	P.G Sem I	3931	Manisha Kari
Nisha Kari	P.G Sem I	1289	Nisha Kari
Mahini Kari	P.G	624	Mahini Kari
Savika Kari	B.A Sem-I	44	Savika Kari
Anjali Kari	B.A Sem-I		Anjali Kari
Shimpi Kari	B.A Sem IV	3	Shimpi Kari
Pratibha Kari	B.A Sem IV	319	Pratibha Kari
Pooja Kumari	B.A Sem-IV	542	Pooja Kumari
Kajal Kumari	B.A Sem-IV (His)	25	Kajal Kumari
Angali Kumari	P.G Sem III	1926	Angali Kumari
Sushita Kumari	P.G Sem III	2927	Sushita Kumari
Komal Kumari	P.G Sem III (His)	218	Komal Kumari
Komal Kumari	U.G Sem-I (His)	76	Komal Kumari
Kadish Bhargav	U.G Sem-I (His)	285	Kadish Bhargav
Richa Kumari	U.G Sem-I (His)	3718	Richa Kumari
Juhi Kumari	U.G Sem-I (His)	297	Juhi Kumari
Naya Kumari	U.G Sem-I (His)	353	Naya Kumari
Priety Kumari	U.G Sem-I (His)	940	Priety Kumari

"SUICIDE PREVENTION AWARENESS WEEK"

आज दिनांक 12.09.2025 को मनोविज्ञान विभाग द्वारा

"Suicide Prevention Awareness" पर एक जागरूकता सत्र का आयोजन सेमिनार हॉल में किया गया जो

11:00 A.M से प्रारंभ हुआ। इस सत्र में विभागाध्यक्ष डॉ. नेमी सिन्हा ने सत्र को प्रारंभ किया एवं डॉ. विमा कृति (एसि. प्रोफेसर), डॉ. रजनी सिन्हा ने भी अपने विचार प्रस्तुत किए। छात्राओं ने माधण, कविता, पोस्टर एवं ड्राम द्वारा अपनी प्रस्तुती दी।

कार्यक्रम में प्रधानाचार्या, शिक्षिकाएं एवं छात्राओं की उपस्थिति रही।

सावनी ठाडु 12/09/25
प्रधानाचार्या

शिक्षकों के हस्ताक्षर

W. Singh
12/9/25
विभागाध्यक्ष

- | | |
|----------------------------|-------------------------------|
| 1. Dr. Nandini Shaw | Nandini |
| 2. श्री गांधी | 12/9/25 |
| 3. प्रबुद्ध शर्मा | 12/9/25 |
| 4. Dr. K. K. Singh | 12/9/25 |
| 5. Prof. Anjali Prasad | 12/9/25 |
| 6. Vibha Kaur | Vibha Kaur 12/9/25 |
| 7. Aditya Bhardwaj | Aditya Bhardwaj 12/9/25 |
| 8. Madhulika Saini | Madhulika Saini 12/9/25 |
| 9. Pooja Singh | Pooja Singh 12/9/25 |
| 10. Komal Verma | Komal Verma 12/9/25 |
| 11. Pooja Singh | Pooja Singh 12/9/25 |
| 12. Dr. Mohan Kumar Prasad | Mohan Kumar Prasad 12/9/25 |
| 13. Dr. Anjali Kaur Saini | Dr. Anjali Kaur Saini 12/9/25 |
| 14. Manish Verma | Manish Verma 12/9/25 |

28

Name	Class	Sign
Nufun Kumari	U.G SEM-I Psy	Nufun
Shweta Kumari	U.G SEM-I History	Shweta Kumari
Sandhya Singh	U.G SEM-I History	Sandhya
Sachin Soni	U.G SEM-I Psy	Sachin
Mayuri Kumari	U.G sem-III Psy	Mayuri Kri
Pratik Kumari	U.G sem-III Psy	Pratik Kri
Manisha Kri	P.G Sem - I Psy	Manisha Kri
Manisha Kri	P.G Sem - I Psy	Manisha Kri
Abhilasha Kri	P.G sem - I Psy	Abhilasha Kri
Nisha Kri	P.G Sem - I Psy	Nisha Kri
Ekta Singh	U.G sem-I Psychology	Ekta Singh
NISHA KUMARI	U.G sem IV Psy	Nisha Kri
Mansi Kumari	P.G (Sem-I) Psy	Mansi - Kri

इवेंट्स @ सिटी

सुसाइड प्रिवेंशन पर लगायी गयी चित्र प्रदर्शनी



पटना. श्रीअरविंद महिला कॉलेज के मनोविज्ञान विभाग ने 'सुसाइड प्रिवेंशन अवियरनेस' विषय पर जागरूकता सत्र आयोजित किया. कार्यक्रम की अध्यक्षता प्रभारी प्राचार्या प्रो साधना ठाकुर ने की. छात्राओं ने भाषण, कविता, नाटक और चित्र प्रदर्शनी के माध्यम से आत्महत्या रोकथाम पर संदेश दिया. विभागाध्यक्ष डॉ वेली सिन्हा ने मानसिक स्वास्थ्य को प्राथमिकता देने और समय पर परामर्श लेने की आवश्यकता बतायी. सचिव डॉ विभा कृति ने आत्महत्या रोकथाम की गंभीरता पर जोर दिया, जबकि डॉ रजनी सिन्हा ने धन्यवाद ज्ञापन किया.