



# Sri Arvind Mahila College, Patna

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(A Constituent Unit of Patliputra University, Patna)



## Report on National Psychotherapy Day

**Date of Event:** 25<sup>th</sup> September 2025

**Venue:** Psychology Lab, Sri Arvind Mahila College

**Organized by:** Department of Psychology

**No. of students:** 92

An awareness session on psychotherapy and case study was held by department of psychology on 25.09.2024 at 11.00 A.M in college psychology lab. The session was aimed to recognize signs of psychopathology and how case study is prepared in clinical setting to promote mental well-being.

### Objectives

- To recognise the signs of psychopathology and how the case study is prepared in clinical setting
- To encourage a supportive environment to promote mental health.

### Event Highlights

**Educational Presentation:** A comprehensive presentation covered for identification of signs of mental disorders and how the process of psychotherapy and case study is done. □

**Interactive Session:** The event included question- answer session.

### Conclusion

The awareness session was a successful initiative in recognising signs of mental disorders and how the case study is prepared. This session also helped in spreading knowledge among students and promoting mental health.



Department of Psychology  
**SRI ARVIND MAHILA COLLEGE**

KAZIPUR, PATNA - 800004  
(Constituent unit of Patliputra University, Patna)

Ref. ....

Date 23.09.25

सूचना

मनोविज्ञान विभाग

**राष्ट्रीय मनोचिकित्सा दिवस पर व्याख्यान**

मनोविज्ञान विभाग के सभी छात्राओं को सूचित किया जाता है कि राष्ट्रीय मनोचिकित्सा दिवस के अवसर पर एक विशेष व्याख्यान का आयोजन किया जा रहा है। इस व्याख्यान का उद्देश्य मानसिक स्वास्थ्य में मनोचिकित्सा के महत्व को समझना और विद्यार्थियों को लागू करने के लिए है।

तिथि: 25 सितम्बर 2025

समय: 11:00 A.M

स्थान: मनोविज्ञान प्रयोगशाला

अधिक जानकारी के लिए विभाग से संपर्क करें।

W. Sinha  
23/09/25  
(हस्ताक्षर)

विभागाध्यक्ष

मनोविज्ञान विभाग





## " NATIONAL PSYCHOTHERAPY DAY "

आज दिनांक 25.09.2015 को मनोविज्ञान विभाग द्वारा "National Psychotherapy Day" पर एक जागरूकता सत्र का आयोजन Psychology Department के हॉब में किया गया जो 11.00 A.M से शुरु हुआ इस सत्र में विभागाध्यक्ष डॉ. वैली सिन्हा ने सत्र को शुरु किया। Resource Person Ms. Shreuti Rani ने अपने Presentation द्वारा इस topic पर प्रकाश डाला। डॉ. विद्या कृति ने भी अपने व्याख्यान में psychotherapy की वारीकियों को प्रस्तुत किया। डॉ. रजनी ने भी अपने विचार प्रस्तुत किए। छात्रों ने जोरदार के माध्यम से अपनी प्रस्तुति दी।

W. Linka  
25/9/15  
विभागाध्यक्ष

Resource Person : Ms. Shreuti Rani - Shreuti Rani  
शिक्षकों के हस्ताक्षर :

डॉ. विद्या कृति - V. K. K. K.  
डॉ. रजनी कुमारी सिन्हा - R. K. S.

छात्रों के हस्ताक्षर :

| नाम            | कक्षा / रोल नं.           | हस्ताक्षर      |
|----------------|---------------------------|----------------|
| Nili gha       | U.G. Ist Sem / 102        | Nili gha       |
| Nupur Kumari   | U.G. Ist SEM / 30         | Nupur Kumari   |
| Priiti Kumari  | B.A. - III sem / 87       | Priiti         |
| Manisha Kumari | P.G. I Sem / 21           | Manisha Kumari |
| Nisha Kumari   | P.G. I sem / 87           | Nisha Kri      |
| Puja Kumari    | P.G. III sem / 32 (44/46) | Puja Kumari    |
| Priity Kumari  | P.G. III sem / 41 (51)    | Priity Kumari  |
| Jyoti Kumari   | P.G. III sem / 26 (18)    | Jyoti Kumari   |

| Name             | Class / Roll no. | Sign                 |
|------------------|------------------|----------------------|
| Pratyanshu       | P.G. III 44      | Pratyanshu Kumari    |
| Pratiti Kumari   | P.G. III 10      | Pratiti Kumari       |
| SIKHA Kumari     | P.G. I 27        | Sikha Kumari         |
| Beauty Kumari    | P.G. - IIIrd 11  | Beauty Kumari        |
| Sunmy Kumari     | P.G. I 01        | Sunmy Kumari         |
| Abhilasha Kumari | P.G. I 09        | Abhilasha            |
| Zeena Khatun     | P.G. III 74      | Zeena Khatun         |
| Manisha Kumari   | P.G. III sem 25  | Manisha Kri (univ 3) |
| neerusha Kumari  | P.G. III sem 71  | neerusha Kumari      |
| Sushmita Ray     | P.G. III sem 66  | Sushmita             |
| ANJALI KUMARI    | P.G. III sem 806 | Anjali Kumari        |
| Kupa Kumari      | P.G. III sem 51  | Kupa Kri             |
| Ragini Kumari    | P.G. III sem 49  | Ragini Kumari        |
| Tanya Kumari     | U.G. III sem 829 | Tanya Kumari         |
| Sweta Kumari     | P.G. Sem III 77  | Sweta Kumari         |
| Rupali Kumari    | P.G. Sem III 39  | Rupali Kri           |

| Name              | class / Roll No. / Currici | Qsign             |
|-------------------|----------------------------|-------------------|
| KAJAL KUMARI      | P.U. 324                   | Kajal Kumari      |
| PUSHPA KUMARI     | P.G. III 47                | Pushpa Kumari     |
| MANJU PRABHA      | P.G. III 31                | Manju Prabha      |
| Shivani Kumari    | P.G. III 58                | Shivani Kumari    |
| Rina Kumari       | P.G. I 47                  | Rina Kumari       |
| Pinky Kumari      | P.G. III 29                | Pinky Kumari      |
| Jyoti Kumari      | P.G. III 21                | Jyoti Kumari      |
| Prity Kumari      | P.G. III 42                | Prity Kumari      |
| MANISHA KUMARI    | P.G. I 22                  | Manisha Kumari    |
| MDHINI KUMARI     | P.G. I 20                  | MDhini Kumari     |
| Vausha Kumari     | P.G. III 70                | Vausha Kumari     |
| KHUSHBOO KUMARI   | P.G. III 26                | Khushboo Kumari   |
| Anjana Kumari     | P.G. III 7                 | Anjana Kumari     |
| YASMIN ASHRAF     | P.G. III 73                | Yasmin Ashraf     |
| NANDANI KUMARI    | P.G. III 34                | Nandani Kumari    |
| Khushboo Kumari   | P.G. III 27                | Khushboo Kumari   |
| Jyoti Kumari      | P.G. III 20                | Jyoti Kumari      |
| Tamanna Perveen   | P.G. III 68                | Tamanna Perveen   |
| Nisha Priyadarshi | P.G. III 37                | Nisha Priyadarshi |
| Ragani Kumari Jha | P.G. III sem 2.1           | Ragani Kumari Jha |
| Shivani Kumari    | P.G. III sem 5.1           | Shivani Kumari    |
| Sulekha Kumari    | P.G. III sem 2.0           | Sulekha Kumari    |
| Sonam Kumari      | P.G. III sem 0.4           | Sonam Kumari      |
| Kajal Kumari      | P.G. III sem 5.2           | Kajal Kumari      |
| Rashmi Kumari     | P.G. III sem 5.3           | Rashmi Kumari     |
| Shikha Kumari     | P.G. III sem 5.6           | Shikha Kumari     |
| Amara Patil       | P.G. III sem 0.2           | Amara Patil       |
| Puja Kumari       | P.G. III sem 4.5           | Puja Kumari       |
| Sandhya Kumari    | P.G. III sem 5.3           | Sandhya Kumari    |
| Aisha Parveen     | P.G. III sem 2.1           | Aisha Parveen     |
| Muskan Praveen    | P.G. III sem 3.2           | Muskan Praveen    |
| JUHI KUMARI       | P.G. III sem 5.0           | Juhi Kumari       |

| नाम             | कक्षा / रोल नं.           | हस्ताक्षर       |
|-----------------|---------------------------|-----------------|
| Chhati Kumari   | P.G. (Sem III) 60 (13)    | Chhati Kumari   |
| Madhusri Kumari | P.G. (Sem III) 19 (29)    | Madhusri Kumari |
| Kajal Kumari    | P.G. (Sem III) 63 (25)    | Kajal Kumari    |
| Nutan Kumari    | P.G. (Sem III) 71 (38)    | Nutan Kumari    |
| Minakshi Kumari | P.G. (Sem III) 42 (39)    | Minakshi Kumari |
| Priyanka Kumari | P.G. (Sem III) 43 (69)    | Priyanka Kumari |
| Shristy Sinha   | P.G. (Sem III) 61         | Shristy Sinha   |
| Anuradha Shukla | P.G. (Sem III) 10         | Anuradha        |
| Shalu Roy       | P.G. (Sem III) 54         | Shalu Roy       |
| Divya Anand     | P.G. (Sem III) 15         | Divya           |
| Nishu Kumari    | P.G. (Sem III) 66 (36)    | Nishu Kumari    |
| Nikita Kumari   | P.G. (Sem III) 25-49 (35) | Nikita Kumari   |
| Annu Kumari     | P.G. (Sem III) 8          | Annu Kumari     |
| Swati Kumari    | P.G. (Sem III) 67         | Swati Kumari    |
| Pratibha Kumari | P.G. (Sem III) 40         | Pratibha Kumari |
| Surbhi Kumari   | P.G. (Sem III) 65         | Surbhi Kumari   |
| Jyoti Kumari    | P.G. (Sem III) 19         | Jyoti Kumari    |
| Kahkasha Patra  | P.G. (Sem III) 22         | Kahkasha        |
| Amisha Raj      | P.G. (Sem III) 03         | Amisha          |
| Shivani Kumari  | P.G. (Sem III) 59         | Shivani Kumari  |
| Shreya Kumari   | P.G. (Sem III) 60         | Shreya Kumari   |
| Sunida Kumari   | P.G. (Sem III) 64         | Sunida Kumari   |
| Amrita Kumari   | P.G. (Sem III) 14         | Amrita Kumari   |
| SANJANA KUMARI  | P.G. (Sem - I) 68         | Sanjana Kumari  |
| AFHAM FATIMA    | P.G. (Sem - I) 05         | Affham Fatima   |
| Sweety Kumari   | P.G. (Sem - I) 67         | Sweety Kumari   |
| Chanda Kumari   | P.G. (Sem - I) 34         | Chanda Kumari   |
| ANJALI KUMARI   | P.G. (Sem - III) 5        | Anjali Kumari   |
| Mayuri Kumari   | P.G. (Sem - III) 792      | Mayuri Kumari   |
| Kushboo Sinha   | P.G. (Sem III) 28         | Kushboo Sinha   |
| Ashika Kumari   | P.G. (Sem I) 4            | Ashika Kumari   |
| Ravari Kumari   | P.G. (Sem I) 2            | Ravari Kumari   |
| Rohini Kumari   | P.G. (Sem III) 50         | Rohini Kumari   |