



National Service Scheme
Sri Arvind Mahila College, Patna
Accredited by NAAC with B⁺ Grade
(A Constituent Unit of Patliputra University, Patna)



Date- -03.05.2018

NOTICE

Subject: Self – Defense training for Eve Teasing (7th May 2018 – 9th May 2018)

This is to inform all students that the **NSS Unit** and the **Home Science Department**, in collaboration with **Tiger Martial Arts**, will be organizing a Defense training for Eve Teasing from **7th May 2018 to 9th May 2018**. The program aims to introduce students to basic martial arts techniques, promote physical fitness, and raise awareness about the importance of self-defense.

Details of the Program:

- **Dates:** 7th May 2018 – 9th May 2018
- **Venue:** Sri Arvind Mahila College Campus
- **Timings:** 10:00 AM – 1:00 PM
- **Number of Students Enrolled:** 75

Organizing Team:

- **Organizing Secretary:** Dr. Vimi Singh
- **Convener:** Dr. Rita Kumari
- **Faculty Coordinators:** Dr. Geeta Kumari

Registration:

Students who wish to participate are requested to register their names at the NSS Office by **5th May 2018**.

Note: Students are encouraged to come in comfortable clothing suitable for physical activity. Safety equipment will be provided during the training.

Geeta Kumari

Dr Geeta Kumari
Programme Officer
NSS Unit 1

Rita Singh

Dr Rita Singh
Programme Officer
NSS Unit 2