



National Service Scheme
Sri Arvind Mahila College, Patna
Accredited by NAAC with B⁺ Grade
(A Constituent Unit of Patliputra University,
Patna)



Ref no samc/nss-Jan 22 /6A

Date: 15.06. 2022

NOTICE

Subject: International Yoga Day Celebration

All students are informed that **Sri Arvind Mahila College** will be celebrating **International Yoga Day** on **21st June 2022**. The event is organized by **NSS Unit 1 & Unit 2** to promote physical and mental well-being through the practice of yoga.

Event Details:

- **Date:** 21st June 2022
- **Time:** 7:00 AM to 9:00 AM
- **Venue:** College Auditorium
- **Organizing Department:** NSS Unit 1 & Unit 2

Instructions for Participants:

- Wear comfortable attire suitable for yoga practice.
- Arrive 15 minutes early for registration and assembly.
- Participation certificates will be provided to all attendees.

Join us in celebrating the spirit of yoga for a healthier mind and body. Let's embrace wellness together!

Geeta Kumari

Dr Geeta Kumari
Programme Officer
NSS Unit 1

Rita Singh

Dr Rita Singh
Programme Officer
NSS Unit 2